#### **AUTUMN 2024**



# Family & Professionals Support

PRESENTED BY:

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# About Lighthouse Learning making SEND make sense

The aim of Lighthouse Learning is to provide unbiased, independent support for parents, families and professionals working with learners with additional needs.

As a teacher with twenty-two years of school and classroom experience, I have acquired a wide range of experience. I taught for six years in mainstream education and for sixteen years in specialist education in residential and day schools.

In those twenty-two years, I have been a class teacher, head of department, head of lower school, safeguarding lead, head of education, and deputy principal. I have my school headship qualification.

I am experienced in supporting families whose children are experiencing social, emotional, mental health and behavioural challenges.

I have seen first-hand the impact that the right support at the right time can have on young people and strongly believe that all young people are capable of making progress with this support.

Just as each family is one-of-a-kind, the support is aimed at specific issues to help those children and young people find ways to manage their emotions in social situations.

The approach is holistic and aims to have a lasting and positive impact on your family's well-being, from supporting effective communication to understanding behavioural nuances.



### ORGANISATION AND MANAGEMENT



**Dominic Seamer** Trainer



**Kat Hudson** Professional Advisor



Jade Tebbutt Professional Advisor



**Darren Rawnsley** Professional Advisor

# Mission and Vision

making SEND make sense





A parents' role in their children's education and development is essential.

The Department for Education notes that the benefits of parents being involved in their children's education are:

- The child feels better supported.
- If parents are confident and positive about school, the child feels more confident and positive.
- Parents being involved provides a sense of security for the child and if the child feels safe and secure they will learn more.
- If the parents have a positive relationship with staff, any worries or issues can be addressed more quickly.
- Children make better progress if they are encouraged and supported.

However, modern-day pressures can leave parents, families and professionals confused and unclear about how best to help young people.

What we aim to do is help families explore what makes them unique and provide tools and support that are preventative and based on strategies that are sustainable to enable them to navigate challenges.



# Services

#### We can offer...

- Advice and support for families
- Advice on behaviours of challenge
- Advice on SEND and approaches to support them.
- Advice on the EHCP process
- Advice on the roles and responsibilities schools have.
- Advice on school transitions (between establishments and year groups)
- A focus on positive values & ethos
- Letters of support
- · A child-centred focus
- A warm, friendly and empathetic approach

The support can be for something specific or for a more generalised offer that...

- Is family-driven
- Is flexible and individualised to each family, based on their culture, needs, values and preferences
- Builds on strengths to increase the stability of the family unit
  - Use informal delivery models
- Aims to help increase parent confidence.
- Aims to enhance and strengthen relationships in the family.

#### Services we don't offer...

- Formal Diagnosis
- Completion of official reports/questionnaires (although I am happy to offer support to families completing them)
- EHCP forms
- Direct work with pupils and students
- In school work, such as observations (unless there is express permission from the school and family).

# CPD & Training for professionals

Lighthouse Learning's training provides you with greater insight and understanding of your clients, thus enabling you to enhance the quality of care and support you deliver.

Lighthouse's Behaviour Support training will enable you to meet the Continuing Professional Development requirements of your profession.

Lighthouse's Behaviour Support training will enable you to stay up to date with research and key theories, keeping your practice contemporary and in line with current thinking and legislation.

#### **Skill Sharing**

Skill Sharing with staff as part of a support package following a referral for direct support with an identified individual or group. This can include 1:1 work, group work or whole-class delivery.

#### **Open Courses**

We offer a variety of Open Courses throughout the academic year for a range of practitioners.

Lighthouse's Behaviour Support Courses have a theoretical basis, however, the emphasis is on providing practical skills and strategies to enhance your ability to effectively meet your clients' needs.

Topics covered include • Anxiety • Attachment difficulties • Developing play skills and curriculum • Effective Strategies and Interventions for managing low-level and challenging behaviours • Effects of trauma • Essential skills for Teaching Assistants • Loss and Bereavement • Lunchtime supervisor training • ECT training in Behaviour management • Impact of Therapy • Safeguarding • Self-harm • Social & Emotional blocks to learning • Trauma-informed approaches • Positive Manual Handling information and impact • Mental Health First Aid.

Booking information can be found on the enquiries pages.

## **Costings for Families**

We want to make our support and advice available to all who need it, as regularly as they need it. It is vital that **all** families can access the service, it is often the most vulnerable families and children who slip through the gaps.

Sessions are 50 minutes and can be conducted face-to-face (in the client's home or at the Lighthouse Learning Office) or online.

They can be block-booked or single sessions.

Single Session - £40
Three Session Package £105 (£35 per session)
Five - Eight Sessions £150 - £240 (£30 per session)
Nine or more sessions - Client and Lighthouse Learning to negotiate

## **Costings for CPD**

Our CPD is flexible and bespoke for institutions to meet their individual needs. Training can be on general topics, a combination of topics or can be applied to specific scenarios or people. Sessions can be used for staff meetings, twilight training, or whole inset days. Booking costs will depend on the number of people delivered to, the time of the session and the length of the session - please contact us to discuss details.

Topics can be chosen from the below menu

Anxiety · Attachment difficulties · Developing play skills and curriculum · Effective Strategies and Interventions for managing low-level and challenging behaviours · Effects of trauma · Essential skills for Teaching Assistants · Loss and Bereavement · Lunchtime supervisor training · ECT training in Behaviour management · Impact of Therapy · Safeguarding · Self-harm · Social & Emotional blocks to learning · Trauma-informed approaches · Positive Manual Handling information and impact · Mental Health First Aid.



## For enquiries, contact us.





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