Lincolnshire Suicide Prevention Conference 16th September 2026



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New Life
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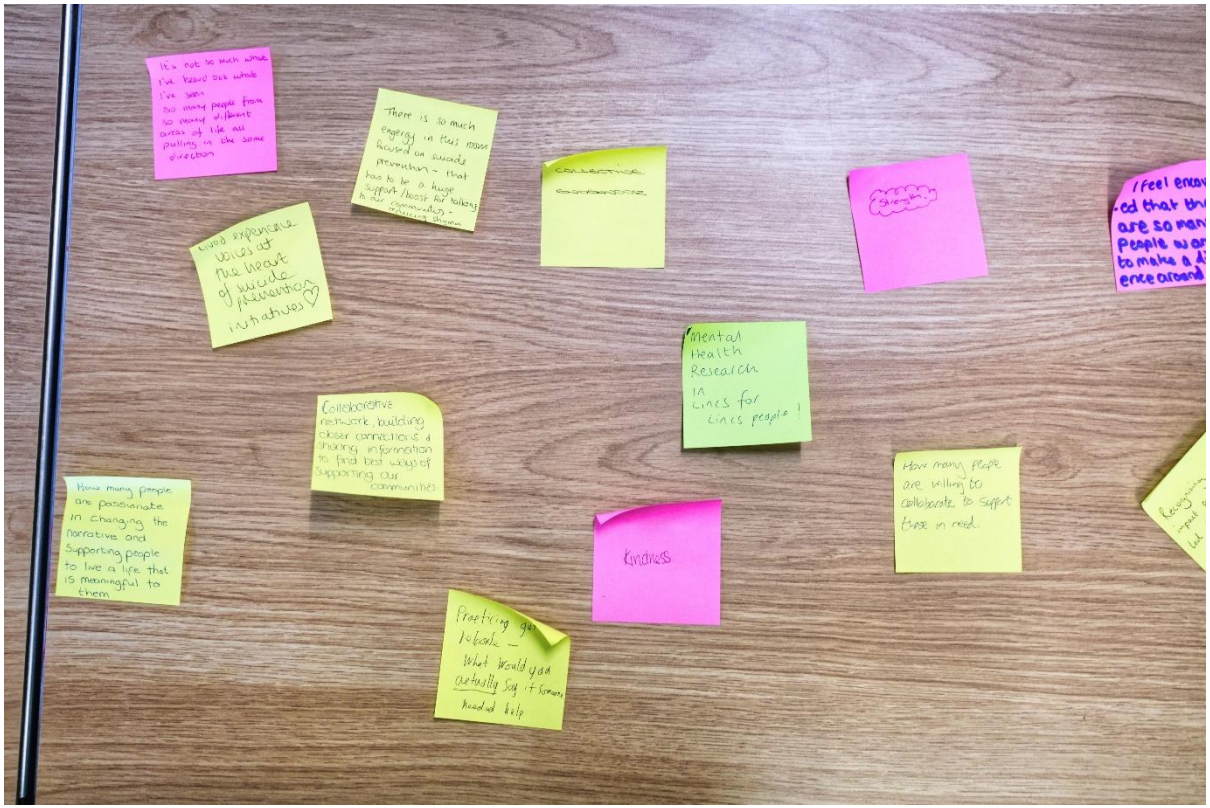


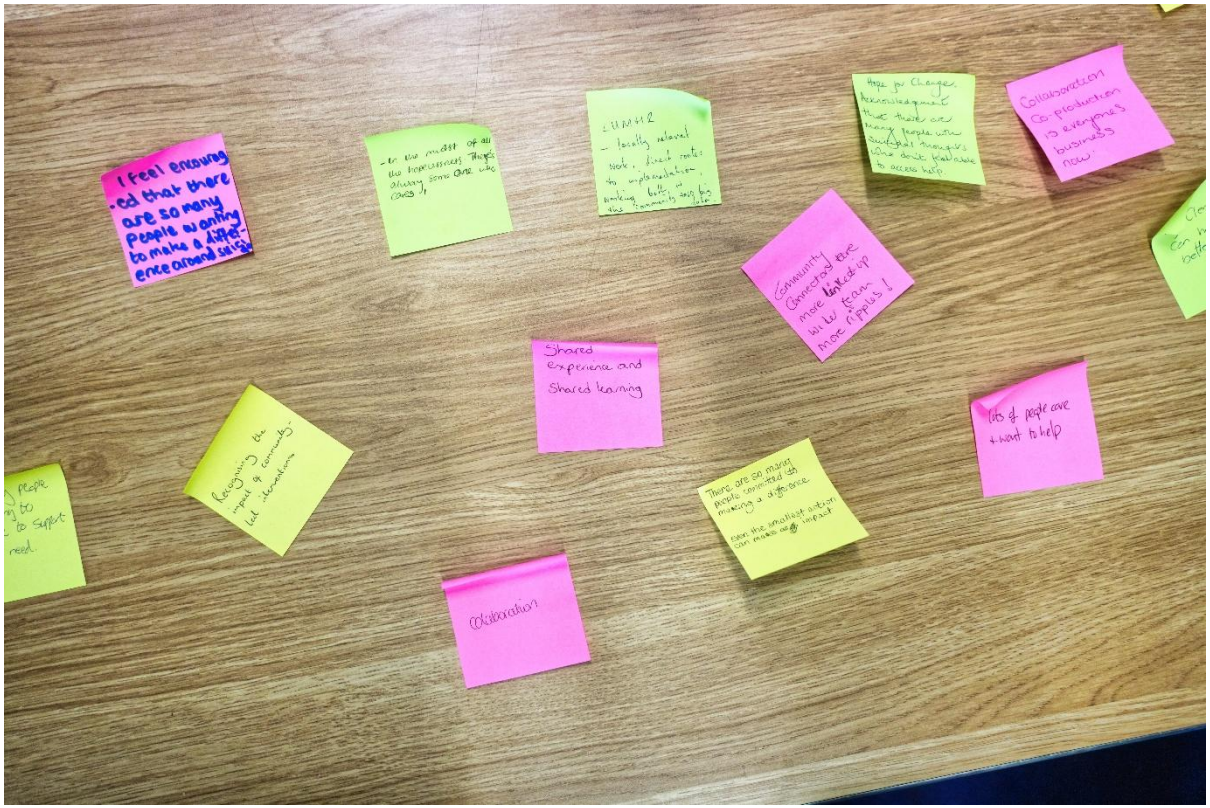
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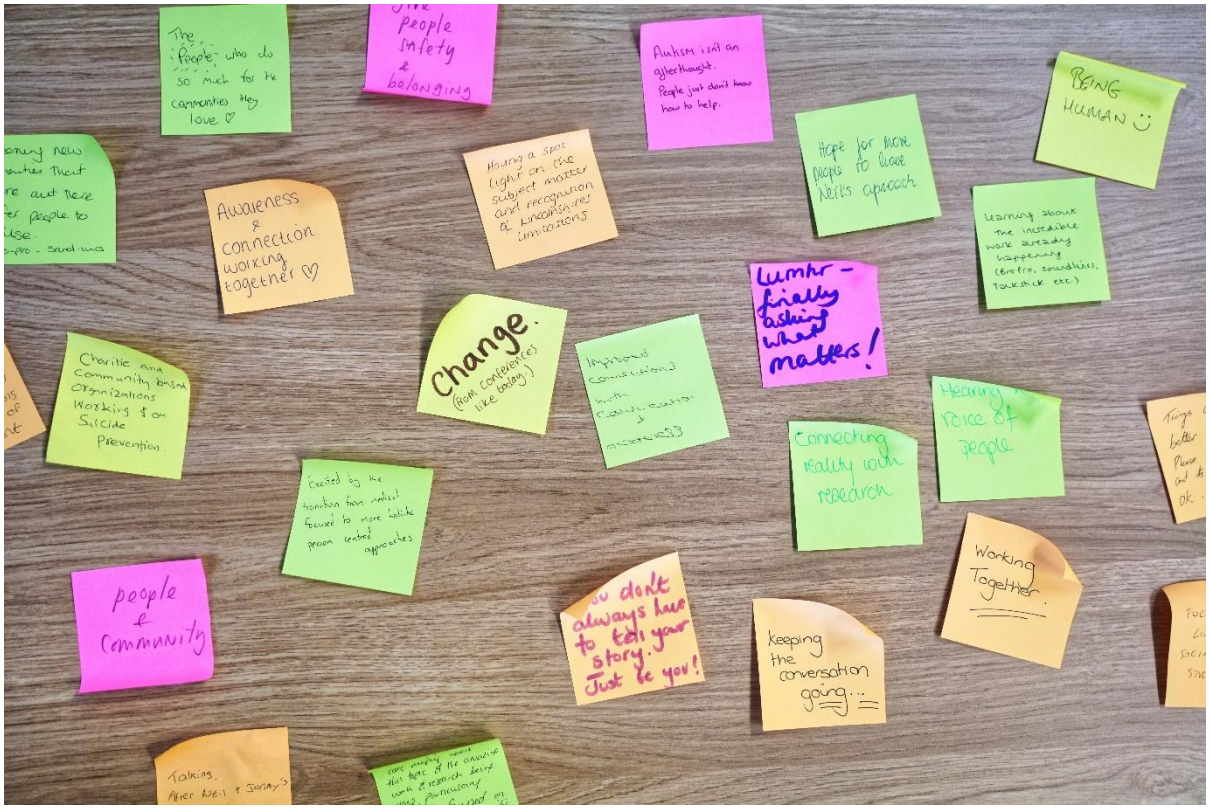


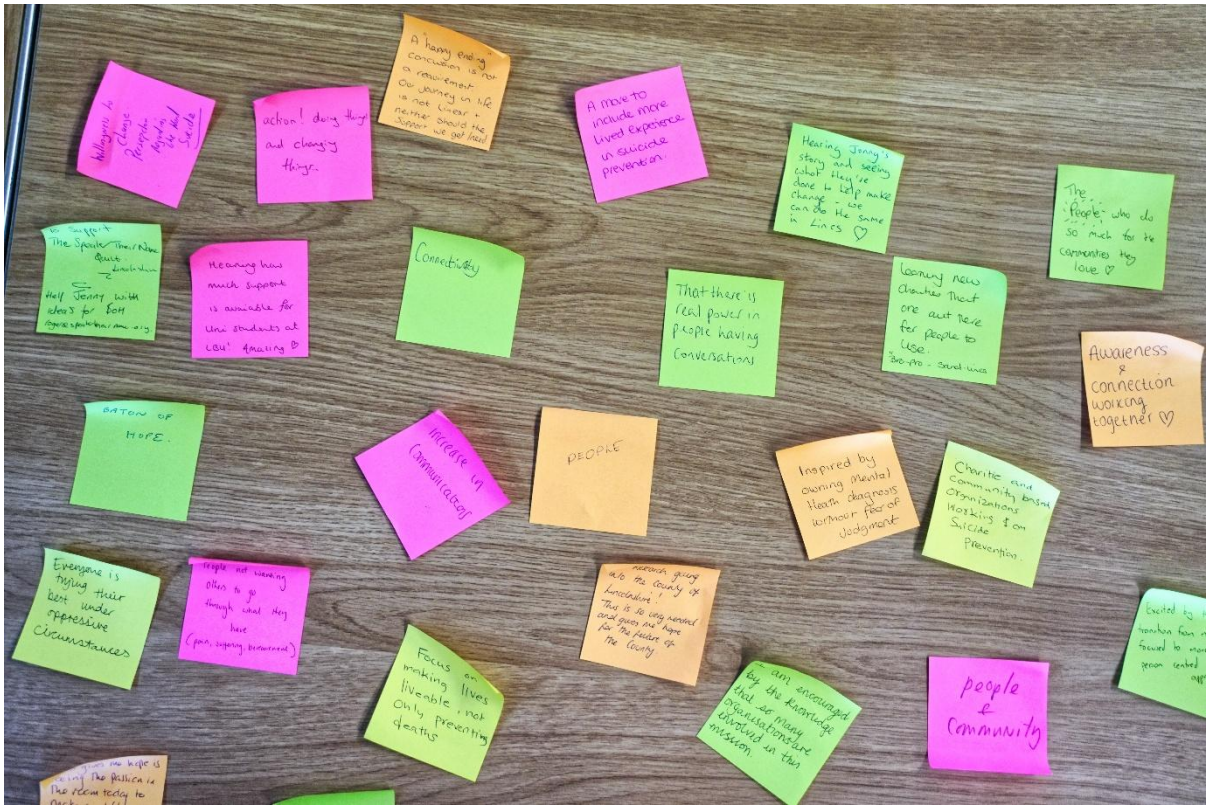
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It's not so much what I've heard but what I've seen so many people from so many different areas of life all pulling in the same direction
There is so much energy in this room focused on suicide prevention - that has to be a huge support boost for talking in our communities
Living experience voices at the heart of suicide prevention initiatives
Collaborative
Mental Health Research in Lincs for Lincs people!
Collaborative network building closer connections & sharing information to find best ways of supporting our communities
How many people are passionate in changing the narrative and supporting people to live a life that is meaningful to them
Kindness
How many people are willing to collaborate to support those in need.
Practicing 'go to bank' - What would you actually say if someone needed help


I feel encouraged that there are so many people wanting to make a difference around suicide
Shared experience and Shared learning
Collaboration
Lots of people care + want to help


The People who do so much for the communities they love
people safety & belonging
Autism is at an afterthought. People just don't know how to help.
Being Human
Hope for more people to have skills speech
Awareness & connection working together
Having a spot light on the subject matter and recognition of Lincolnshire organisations
Learning about the incredible work already happening (Eg Pro, soundbites, Talk the UK etc)
Lumin - finally asking what matters!
Change. (from conference(s) like today)
Charitie and Community based Organizations Working for on Suicide Prevention
Improved communications with
Hearing the voice of people
Excited by the transition from service focused to more holistic person centred approaches
Connecting reality with research
people & community
You don't always have to tell your story. Just be you!
Working Together
Keeping the conversation going...
Talking.


A "happy ending" conclusion is not a requirement our journey in life is not linear, neither should the support we get/need
A move to include more lived experience in suicide prevention
action! doing things and changing things.
Hearing Jonny's story and seeing what they've done to help make change - see what we can do the same in Lincs
The "People" who do so much for the communities they love
Hearing how much support is available for the students at LSU! Amazing
(Connectivity)
That there is real power in people having conversations
Learning new coaching tools that are here for people to use. Pro-active - small wins
Awareness & connection working together
BATON OF HOPE.
Increase in Communication!
PEOPLE
Inspired by sharing Mental Health diagnosis armour fear of judgment
Charities and Community based Organizations working & on Suicide Prevention.
Everyone is trying their best under oppressive circumstances
People not knowing when to go through what they have (pain, suffering, bereavement)
Focus on making lives liveable, not only preventing deaths
people & community

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BROPROUK
BROPROUK
Photo Credit: Jordan - Reaching for the summit of Mt. Snowdon with Bro Pro UK
You are not alone. Help is available, and recovery is possible.
SAMARITANS
116 123
Support
Preventing Suicide

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